

# Stage I Indexing Blue Mousse Technique

Technical bulletin from National Dentex  
For more information, please call 800.678.4140

- Diagnostic casts are created and an implant placement guide is fabricated.
- The dental implant is placed in the appropriate position:
  - 1.5mm from adjacent teeth
  - 3mm between dental implants
  - 3mm beneath the labial crest of soft tissue
- Place an index coping on the dental implant. (A pick-up coping will also work.)
- Place blue mousse on the coping and adjacent teeth, being careful not to allow the impression material to contact the implant bone interface.
- After the material sets, remove the index from the mouth.
- After the surgeon covers the implant, place the provisional restoration.
- One month after the implant was placed, make a PVS impression of the dentition and send it to the lab with the index made at surgery. Also send an opposing model and bite.
- In the lab, place a hole in the cast at the edentulous space. Attach an implant laboratory analog to the index, and place it on the cast. Cold cure the analog into the cast.
- Place a temporary abutment on the analog and modify accordingly.
- Fabricate a processed anatomical provisional restoration.
- At Stage II, the doctor delivers the temporary abutment and provisional restoration.

Six months after Stage II, remove the provisional restoration and take a new fixture level impression for the final prosthetics.

